

How many consecutive days can I work in a row?

The answer to this question is contained in Police (Scotland) Regulations and Determinations 2004, Regulation 22, Annex E.

Paragraph 3- Duty Rosters states the following;

- (e) Subject to paragraph (f), a duty roster shall make provision for:
 - (i) an interval of not less than 11 hours between the ending of each of a member's daily periods of duty (or in the case of a part-time member or a member working in accordance with variable shift arrangements, that member's shifts) and the beginning of the next; and
 - (ii) an interval between each of that member's rostered rest days not exceeding **7 days**, unless in the case of a part-time member, a longer interval has been agreed between the member and the Chief Constable.

Unless the Joint Branch Board agrees otherwise, such agreement providing for an equivalent period of compensatory rest.

- (f) Where owing to the exigencies of duty, it is necessary to alter a duty roster, the officer responsible for making the alteration shall endeavour, so far as practicable, to avoid thereby requiring a member to do an additional daily period of duty or, in the case of a part-time member or a member working in accordance with variable shift arrangements, a shift, such that the condition in sub-paragraph (e) would not be satisfied in relation thereto.